

CREATE. REFLECT. CONNECT

Big Questions For Brave Minds What if the Monster's Part of Me?

Marcus Young

As she picked her way carefully through tangled roots and fallen logs, Luna spotted something unusual leaning against an ancient oak tree. It was a mirror with a carved wooden frame covered in vines and moss. It looked very, very old.

Curious, Luna stepped closer and peered into the glass.

Have you ever acted one way on the outside while feeling differently on the inside? What was that like?



A Farewell Letter

From your friend, Luna

Dear Brave Mind,

Thank you for walking beside me through the shadows and the light. I used to think I had to hide the parts of me that felt too big, too loud, or too messy. But now I know—even my wildest feelings have something to teach me.

If you ever feel scared, sad, or unsure, remember: you don't have to push those feelings away. You can listen to them. You can be kind and strong–and still be honest about what's inside.

You don't have to be perfect to be loved. You just have to be you.

Keep wondering. Keep growing.



Luna

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